



Personal Hygiene Policy

Aims and Objectives To ensure children and staff establish a good personal hygiene routine which will prevent cross contamination. Routine is the key to ensuring that the highest standards of personal hygiene of both children and staff are maintained. Toilet training is one of the most significant skills to be learned by a child therefore all children are monitored after going to the toilet to ensure that they wash their hands properly. Similarly, before eating, all staff / children wash their hands and are encouraged to wash their own. In order to minimize the possibility of the spread of infections, to the staff or other children, staff members will wear disposable gloves each time they change a nappy, when administering First Aid in situations which involve bleeding cuts. In cases of infestation of head lice, nits, etc., the nursery must insist that the child is treated immediately. Only after this is done, may the child be readmitted. **Responsibilities** It is the responsibility of each member of staff to ensure that children are taught a good hygiene routine and that all children are supervised to ensure this becomes well established.

Procedure - Children

- The emphasis is very much on making hand washing fun.
- Staff will ensure children wash hands before snack and lunchtime and after visiting the toilet and playing outdoors.
- Children will be supervised at all times when washing hands to reinforce the correct method.
- The children will be taught how to wash hands correctly with mild bacterial soap and dried with disposable towels.

Procedure – Staff

- Staff to ensure that they wash their hands before and after snack / meal preparation.
- Staff must wash hands after visiting the toilet
- Staff must wash their hands after supervising / supporting children at toileting.
- Staff must wash their hands when cleaning noses
- Staff must wash their hands after being outside in the garden area and after removing the children's outdoor shoes.